

MARRIAGE & SEX EDUCATION

Paper no.- HSHD – 403

CC - 12

Credits -4 +0=4

Sem. – 4 (M.SC. H.D.)

Marks – 100 +0= 100

OBJECTIVES

1. To enable the students to acquire Knowledge of the importance and purpose of marriage.
2. To understand the student about importance of sex education.
3. To train the students for implementing sexuality education programs to learner.

UNIT : 1

- Introduction, meaning and purpose of marriage.
- Types and forms of marriage.
- Difference between Hindu marriage and Islam marriage system.
- Laws of Hindu marriage and Islam marriage system.
- Changes in marriage institution in modern India
- Advantages and Disadvantages of being Single

UNIT : 2

- The Dating system & Attraction and love.
- Mate selection Theories & Family Background factors for mate selection.
- Importance and types of fitness for marriage.
- The transition to marriage & Rites of passage for marriage
- Qualities of successful marriage & Adjustments early in marriage.
- The Art of marriage & Health and happiness for marriage.

UNIT : 3

- Concepts and complexity of Human sexuality & Human Development and Issues of sexuality.
- Perspective of sexuality.
- Theories of psychosexual development & Sociological side of sexuality.
- Sex instinct and the Art of sexual love.
- Difference between Male and Female in sexual Desire & Sexual Adjustment & Maladjustment.
- Sexual behaviour.

UNIT : 4

- Definition, Goals and Objectives & Reasons for Sexuality education Programs.
- History of sexual education & current trends in sexual education.
- The sexuality educator's sexual responsibility and qualifications.
- Physiological Aspects of sexuality.
- Areas of sexuality education programs.
- Rules of conduct of education for sexuality.
- Learning strategies for sexuality education & developmental characteristics of learner.
- Implementing a sexuality education programs.
- Evaluation of sexuality education programs.
- Effectiveness of sexuality education and the sexuality educators.

REFERENCES

- ❖ Bruess client and Greenberg Jerrold; 2009; sexuality education: Theory and Practice; 5th edition; Jones and Bratleft publishers.
- ❖ Rise, F. Philip; 1990; Intimate Relationships, Marriages and Families; 3rd edition; Mayfield publishing company.
- ❖ Raka sharan; 1991; A Handbook of society Indian perspecti res; Anmol publications.
- ❖ DaR. Xaah Ariv>d; 2007 ; =ityta Ane da>pTynu> mnoiv)an; iDva[n pBIlkexn.
- ❖ Xaah Ae.+ AeND dve je.ke; 1994 – 95 ; wartnI sam+k s>S4ano, AnDa p/kaxn.